

FIRST BAPTIST CHURCH OF SONOMA

Exalting Jesus through the preaching of His Word

Sundays at 10:30 AM · 542 First St E, Sonoma, CA

Pursuing Godliness

1 TIMOTHY 4:6-10

Get back to the table. Get back into the gym. Labor in hope.

1 Be Nourished (v. 6)

- **a. By _____ on the Gospel** — you never graduate from the gospel. It isn't the entry fee to the meal; it is the meal! (1:15).
- **b. By being _____ doctrine** — “good doctrine,” not “doctrines of demons” (4:1). Sunday is not the only meal of the week.
- **c. By being _____ in the Church** — Timothy followed Paul's teaching and his life (2 Tim 3:10). You need an example to follow.

2 Be Trained (vv. 7-8)

- Godliness is not a set of rules; it is Christ's life taking shape in yours (3:16). The gym never replaces the table; it flows from it.
- **a. Refuse _____ Food** — “godless myths” are speculation dressed up as spiritual depth (1:4-6). Know what to refuse.
- **b. Work Out for _____ Life and the _____** — godliness holds promise now (life, contentment, a clean conscience) and forever (1 Cor 3:12-14; 2 Tim 4:8).

3 Labor in Hope (vv. 9-10)

- **a. We Have a _____ Statement** — only two sayings are “deserving full acceptance”: this one and the gospel itself (1:15).
- **b. We Have _____ Fixed on the _____ God** — not on culture, leaders, or your own strength (see 3:15).
- **c. We Have a _____ of All Men** — the gospel is genuinely offered to all, and received by all who turn to Him in faith.

CONCLUSION — The Living God Stands Behind It

- The church will not fall. It does not rest on human shoulders; the living God stands behind it.
- The question is not whether the church will survive the fight, but: **Will you pursue godliness in it?**

TAKE IT HOME

- **Weary believer:** Do not coast. Not a single sweat drop in the pursuit of godliness is ever wasted in His sight.
- **Been away a while?** Come back. You will be received, not audited.
- **Every believer:** Refuse spiritual junk food, feast on the gospel and sound doctrine, and discipline yourself for the purpose of godliness.
- **Outside of Christ?** Jesus died in your place and rose again. Come with empty hands, turn from sin, and trust Him.